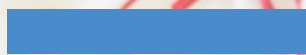


MINI EBOOK

IDEAS & INSPIRATION

BREAK THE CREATIVE RUT FOREVER



CREATED BY
RAYOWAG.COM

VISIT OTHER PLACES

GOING FOR A LONG WALK IN NATURE OR JUST WORKING FROM A CAFE CAN INSPIRE



- +the park
 - +the library
 - +a cafe
 - +a farmer market
 - +a flea market
 - +a picnic on a sunny day
 - +a museum
 - +on concerts and live events
 - +the mall
 - +a flower shop
 - +a hotel room
 - +a bench in a busy place
 - +a bar or pub
 - +at the river
 - +on top of a hill
 - +near a river or pond
 - +picnic on a meadow
 - +your balcony
 - +on a boat
 - +in a castle
 - +in the shower
 - +on top of a skyscraper
 - +in a movie theater
 - +your old school
 - +places that you played in when you were a child
 - +sunset and sunrise
-

CHANGE YOUR ROOM

HAVING A FRESH LOOKING ROOM HELPS TO GET THE BALL ROLLING



Tidy up & sort out

- +clothes
- +books
- +papers
- +CDs & DVDs
- +electronics
- +beauty & health products
- +office supplies
- +pet stuff
- +tools & utility
- +old food
- +decor
- +old towels
- +destroyed tools
- +cleaning supplies
- +sentimental items
- +your phone
- +your computer
- +your inbox

Change around furniture & decorate

- +buy plants
 - +buy fresh flowers
 - +spray paint old decor
 - +put up frames
 - +vases with fairy lights in them
 - +hang up tapestries
 - +new pillow cases
 - +put cute contact paper on your little boxes
 - +decorate books
 - +make candles
 - +make a vision board an put it over your bed
 - +make a photo album and put it on your side table
 - +organize all your cables
 - +put things into boxes to hide them
 - +organize your files
-

DO SOMETHING ELSE THATS CREATIVE

- +draw
- +write
- +take pictures
- +dance
- +practice makeup
- +gardening
- +DIY decor
- +learn an instrument
- +make flower DIYs
- +create templates to make the life of others easier
- +recycle your old clothing into cool new shirts and bags
- +learn to edit photos better
- +start making videos
- +make a blog post
- +cook

WATCH TED TALKS

- +Your Elusive Creative Genius by Elizabeth Gilbert
 - +School Kills Creativity by Ken Robinson
 - +The Mind Behind Tesla, SpaceX and SolarCity with Elon Musk
 - +How great leaders inspire action by Simon Sinek
-



UNUSUAL PLACES

FIND OTHER WAYS TO INSPIRE YOURSELF.
SOMETIMES YOUR SOURCES ARE REPETITIVE.



These places and things might help you a bit:

- +in old journals
- +in a book you don't like
- +in old home videos
- +from a youtuber you don't like
- +in old files on your computer
- +on blogs
- +in newsletters
- +in magazines
- +in old drawings
- +in games and their stories



CREATIVITY CHALLENGE

I CREATED A CHALLENGE TO GET YOU BACK ON
TRACK

+write

500 words about your favorite
person

+draw

a bunny in a pastel color range

+photograph

every flower and plant you
come across

+create something that expresses your
happiness

+write

down your favorite tools to
create

+draw

flowers with watercolor

+photograph

your room/apartment
before and after cleaning

+create

something for a child

+write

about the best day of your life

+draw

your favorite houses in the
neighbourhood

+photograph another person

+create something that empowers you

+write about your favorite song and
what it means to you

+draw your favorite album covers

+photograph your food in a nice

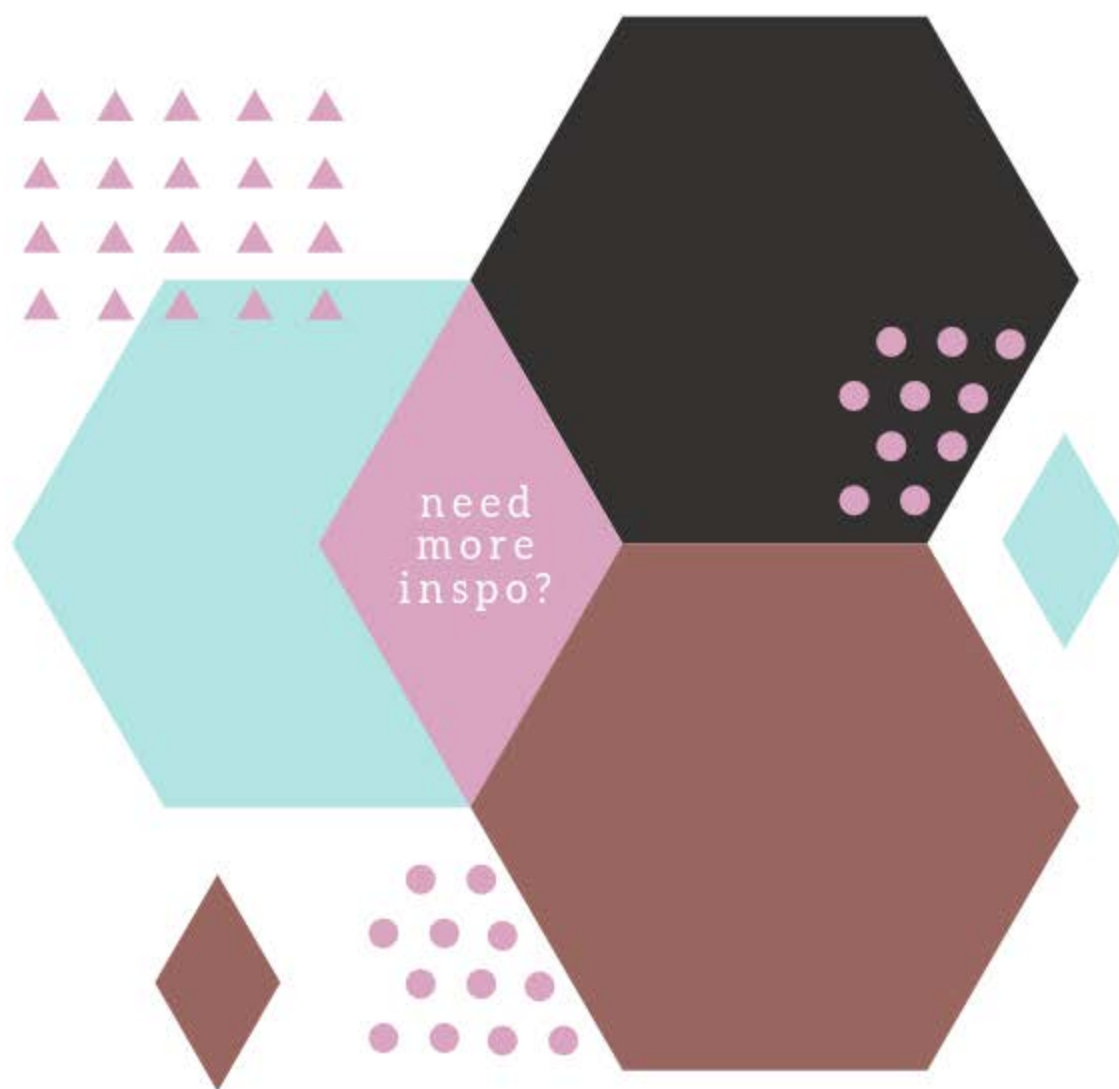
arranged way

+create

something completely in blue

*(and show it to me per email or social
media)*





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